

FESTIVE PROGRAMME
2024 / 2025



CARLISLE BAY

ANTIGUA



General Manager's Welcome

Dear Guests

With great joy and anticipation, we welcome you to Carlisle Bay and Antigua. Whether you're returning to familiar shores or embarking on your first adventure with us, we extend our heartfelt greetings to each and every one of you. To our returning guests, welcome back to your cherished home away from home. Your presence fills our hearts with happiness, and we're thrilled to have you back amongst us.

And to our new guests, a warm and sincere welcome. We're excited to introduce you to the wonders of Carlisle Bay and to ensure your stay is nothing short of extraordinary.

Your continued loyalty and support mean the world to us. We're immensely grateful for the trust you've placed in us over the years, and we're committed to making your time here unforgettable.

As we approach the dawn of 2025, our enthusiasm knows no bounds. We're eager to create new memories and experiences together, building upon the legacy of warmth and hospitality that defines Carlisle Bay.

Thank you for choosing us as your destination for relaxation, adventure, and celebration. We're honoured to be part of your holiday festivities and look forward to making every moment special.

From all of us at Carlisle Bay, we extend our warmest wishes for a season filled with joy, laughter, and precious moments with your loved ones. May the coming year be brimming with health, prosperity, and endless possibilities.

Here's to a very happy and prosperous 2025.

Warm regards,

Brian Murphy
General Manager



TIS THE SEASON!

About the Resort

Carlisle Bay Resort boasts 87 magnificently appointed suites all with ocean views and each a mere stroll from the warm, crystal clear Caribbean waters. We have a wide array of watersports, activities, spa, boutique and gift shop at the resort. Our dining is renowned throughout the island and beyond. Carlisle Bay's distinctive restaurants and bars will be serving delicious festive meals and drinks throughout the holiday period.

FESTIVE PROGRAMME

Our 'Festive Week in the Bay' programme is filled with seasonal delights including cocktail parties, fashion displays, spa events and the best live music on the island. Exquisite festive menus will be prepared by our culinary teams and served in the most spectacular settings. During your stay expect extra treats in your suite and a festive surprise on Christmas Day.

LITTLE ONES AT CARLISLE BAY

Children and Teens are kept busy and will have the time of their lives at Carlisle Bay. They too can enjoy parties, organized sports and activities, movie nights, pizza making classes and our famous Cool Kids Club. But most important of all, a Festive Parade to welcome Santa Claus to the island on Christmas morning to deliver gifts to the children.

NEW YEAR'S EVE

Traditionally known as 'Old Year's Night', join us to bring in 2025 in style, we promise it will be a night to remember! Our Gala Evening is the highlight of the Festive Period at Carlisle bay with live music throughout the evening, as we celebrate Carnival, entertainment, Champagne and cocktails as well as a sumptuous BBQ and buffet. Fireworks and Champagne at midnight round off the evening... and don't worry, the morning after we will still offer our usual extensive breakfast and detox juice station ready to help you for the new day and new year ahead.



Monday 23rd December

07:00–08:00

SUNRISE PILATES AT THE YOGA PAVILION (SPA GARDENS)

Sign up at Spa by 6:00pm the day prior- Complimentary

17:00-18:00

MANAGERS WELCOME COCKTAIL AND LOCAL CRAFT MARKET - PAVILION LOBBY

Join us for Sundown Cocktails and Canapes at The Pavilion Lobby. Meet our Management Team and mingle with other guests. Local arts & craft vendors will be on hand offering a variety of local items. Enjoy this spectacular exhibition whilst sipping cocktails, accompanied by live entertainment.

18:00-20:00

BAY BOUTIQUE FASHION SHOW AT PAVILION LOBBY

Kicking off our Festive Season at Carlisle Bay! Showcasing our Bay Boutique Fashions, along with mini-CARA Spa taster treatments.

18:00-22:00

FESTIVE BBQ DINNER AT INDIGO ON THE BEACH

Our famous sunset BBQ with live grills with live entertainment

ENTERTAINMENT

18:00-20:00 - DJ Shastri at Pavilion

Entertainment and MC for the fashion show

19:00-21:30 - Climax Band at Indigo on the Beach. Live Band - All genres

Tuesday 24th December

7:00–8:00am

SOUND THERAPY AT YOGA PAVILION

Sign up at the Spa by 6pm the day prior- Complimentary

14:00-15:00

GRAND CHRISTMAS EVE DINNER AT INDIGO ON THE BEACH

A sumptuous 3 course meal with live entertainment

17:00-18:00

SUNDOWN COCKTAILS AT JETTY BAR

Enjoy a rum punch whilst watching the sunset on the pier

18:00-19:00

DRUM AND DANCE PERFORMANCE AT PAVILION LOBBY

Witness the traditional dance and drum music with fire dancers and stilt walkers

19:00-21:00

GRAND CHRISTMAS EVE DINNER AT INDIGO ON THE BEACH

A sumptuous 4 course meal with live entertainment

ENTERTAINMENT

17:00-19:00 – Drum and Dance ANU at the Pavilion Lobby. Cultural performers.

19:00-21:30 – 365 Band- Indigo Live band-
All genres

Wednesday 25th December

08:00-14:00

CHRISTMAS BREAKFAST AT INDIGO ON THE BEACH

Experience the magic of Christmas by indulging in a classical Christmas Day breakfast whilst enjoying the gentle morning Seabreeze

10:00-15:00

A VERY ESPA CHRISTMAS AT CARA ORGANIC SPA

Experience our ESPA massages and skincare products and enjoy 10% off between 10am and 3pm

11:00

FESTIVE PARADE AT JETTY PIER

Come and participate in the traditional parade from the Jetty pier to Coconut Grove! Costumes, music and dancing to welcome Santa to Carlisle Bay!



12:00-14:30

CHRISTMAS LUNCH AT INDIGO ON THE BEACH

After Santa's arrival, delight in the flavors of the season and join us for a buffet lunch featuring live stations and entertainment

17:00-18:00

CHEESE AND WINE PAIRING AT PAVILION LOBBY

After the day's festivities, relax at the Pavilion with our Wine Steward, Michael, for a cheese and wine pairing treat

18:00-22:00

TRADITIONAL CHRISTMAS DINNER AT INDIGO ON THE BEACH

Savor a traditional Christmas meal with live entertainment



ENTERTAINMENT

12:30-14:30 - Da Vibe Steel Orchestra at Indigo on the Beach. Live Steelband

19:00-21:30 - Blade and Friends at Indigo Pop, R&B

Thursday 26th December

10:30

WAKEBOARD & WATERSKI TOURNAMENT AT WATERSPORT HUT

Join in the competition! Wakeboard and waterski tournament. Winner receives a prize!

12:30-14:30

BEACH BBQ AT JETTY GRILL BEACH FRONT

Our famous BBQ with live grills and steelband music entertainment.

15:00-16:00

AQUA AEROBICS AT MAIN POOL

Come and experience the ultimate aquatic workout program at the main pool. Sign up at Spa by 6pm, the day prior-Complimentary



ENTERTAINMENT

12:30-14:30 - Westside Symphony at Jetty Live Steel Pan

19:00-21:30 - Jermaine George at Pavilion Live Piano

Friday 27th December

08:00-12:00

GUIDED HIKE TO RENDEZVOUS BAY AT WATERSPORTS HUT

Join our guided hike to Rendezvous, including Mount Carmel and Cactus Hill. Be sure to bring plenty of water and suncream. Sign up by 6pm day prior at front office (max numbers apply)

11:00-12:00

CARIBBEAN COOKING DEMONSTRATION AT COCONUT GROVE

Learn to prepare a traditional Antiguan dish with our Local Cooking demonstration, hosted by Chef Shellon

14:00-15:00

BEACH VOLLEYBALL TOURNAMENT JETTY LAWN

Join the team for a game of volleyball

19:00-21:00

FIREPIT FRIDAY AT JETTY GRILL

Sip cocktails on the beach, listening to the best of local talent with Arlen Seaton & Carlos Bridges, whilst the firepit lights up the beach

ENTERTAINMENT

19:00-21:30 - Arlen Seaton & Carlos Bridges at Jetty Grill

Saturday 28th December

09:00-09:40

TENNIS CLINIC AT TENNIS COURTS

Minimum 2 person required. All skill levels welcomed to play. Sign up at the spa- Complimentary

10:00-10.45

SOCA ZUMBA AT YOGA PAVILION (SPA GARDENS)

Where high energy fitness meets caribbean focused routines. Ages: 13+. Complimentary Sign up at Spa

14:00 - 16:00

BEACH CRICKET TOURNAMENT AT JETTY LAWN

Join some local talent from the Antigua Team for a game of cricket.

14:00 - 16:00

SUNDOWN MANAGER'S COCKTAIL AT JETTY BEACH

Get to meet our Management Team and mingle with other guests. Complimentary drinks and canapes, accompanied by live music.

ENTERTAINMENT

17:00-18:00 - Gavin Francis at Jetty Beach
Solo Steel Pan Player

Sunday 29th December

7:00-8:00

SUNRISE PILATES AT THE YOGA PAVILION (SPA GARDENS)

Sign up at Spa by 6pm the day prior-Complimentary

08:00-12:00

HIKE MOUNT OBAMA NATIONAL PARK AT RECEPTION

Join our complimentary guided hike to Mount Obama (originally known as Boggy Peak), departing at 0800. Sign up by 6pm day prior at front office (max numbers apply)

13:00 - 15:00

ASIAN COOKING DEMONSTRATION AT PAVILION LOBBY

Join our EAST Culinary Team and learn how to prepare sushi and dishes from the Far East

14:00 - 15:00

HOBIE ADVENTURE AT WATERSPORTS

Sign up at Watersports to sail to Curtain Bluff and back.

ENTERTAINMENT

19:00-21:30 - The Experience at Indigo on the Beach. Live Band, All genres

Monday 30th December

07:00-08:00

SUNSET YOGA & MEDITATION JOURNEY AT YOGA PAVILION (SPA GARDENS)

Sign up at Spa by 6pm the day prior-Complimentary

10:30

SAILING REGATTA AT WATERSPORTS

Sign up to the Hobie Cat sailing regatta, first launch 10.30am, sign up by 6pm day prior at watersports

17:00-18:300

SUNDOWN COCKTAIL MASTERCLASS AT JETTY BAR

Join us for Sundowners and learn how to make an Old Fashioned Rum Punch

19:00-21:00

FIREPIT EVENT AT JETTY GRILL

Sipping cocktails on the beach, listening to the best of Local Talent with Arlen Seaton & Carlos Bridges, whilst the firepit lights up the beach

19:00-21:30

POOLSIDE KARAOKE PARTY AT POOLSIDE

Discover your hidden talent and join us for a night of drinks and karaoke around the poolside

ENTERTAINMENT

19:00-21:30 - Band at Jetty Grill
Live Piano

Tuesday 31st December

JOIN US FOR OUR FAMOUS CARLISLE BAY NEW YEARS EVE GALA!

BE SURE TO BRING YOUR GLAD RAGS, THIS YEAR'S THEME.... TBC

07:00-08:00

SUNRISE PILATES AT YOGA PAVILION (SPA GARDENS)

Sign up at Spa by 6pm, the day prior-Complimentary

19:00-20:00

COCKTAIL PARTY – POOLSIDE

Say goodbye to 2024, get dressed up and meet us at the Poolside for cocktails and canapes. This year's theme...TBC.enjoying live entertainment

20:00-22:00

GALA DINNER AT PAVILION

Join us for our extravagant buffet with live cooking stations and flavours from around the world

22:00 - UNTIL...

PARTY TIME! AT PAVILION

The party continues with live music from 1761 Band, as we dance the night away to ring in New Year with fireworks and Champagne on the beach

ENTERTAINMENT

19:00-20:00 - Music at Lower-Level Pool -TBC
20:00-21:00 & 00:00-01:30 – DJ Shastri At Pavilion - Live Music
21:00-23:55 – 1761 Band at Pavilion All Genres

Wednesday 1st January

07:00-10:30

NEW YEAR'S DAY BRUNCH AT INDIGO

Enjoy a slow morning with classical breakfast at Indigo on the Beach including Bloody Mary & Mimosa Station.

12:30-14:30

NEW YEAR'S DAY BBQ LUNCH AT JETTY GRILL

Unleash a symphony of flavors with our famous BBQ featuring live grills and Steelband music entertainment

16:00-17:00

TENNIS TOURNAMENT AT TENNIS COURTS

Sign up at Spa by 6pm, the day prior-Complimentary



ENTERTAINMENT

12:00-14:30 - Westside Symphony at Jetty Grill
Live Steelband

Thursday 2nd January

08:00-12:00

GUIDED HIKE TO RENDEZVOUS BAY AT WATERSPORTS HUT

Join our guided hike to Rendezvous, including Mount Carmel and Cactus Hill. Be sure to bring plenty of water and sun cream. Sign up by 6pm day prior at Front Office (max numbers apply)

14:30-15:30

BEACH VOLLEYBALL TOURNAMENT AT WATERSPORTS

Join the team for a game of volleyball

15:00-16:00

AQUA AEROBICS AT MAIN POOL

Come and experience the ultimate aquatic workout program at the main pool. (all skill levels) Complimentary Sign up at Spa by 6pm, the day prior

18:00-22:00

SUNDOWNER BBQ AT INDIGO ON THE BEACH

Our famous sunset BBQ with live grills with live entertainment

ENTERTAINMENT

11:00-14:00 - Band at Indigo on the Beach TBC

Friday 3rd January

08:00-12:00

HIKE MOUNT OBAMA NATIONAL PARK - RECEPTION

Join our complimentary guided hike to Mount Obama (originally known as Boggy Peak), departing at 8:00am. Sign up by 6pm day prior at Front Office (max numbers apply)

11:00

SAILING REGATTA - WATERSPORTS HUT

Register for the Hobie Cat sailing regatta, with first launch 10:30, sign up by 6pm day prior at Watersports

17:00-18:00

SUNDOWN COCKTAILS AT JETTY BAR

Enjoy sundown rum punch at the Jetty Bar



ENTERTAINMENT

12:00-14:30 - Westside Symphony at Jetty Grill
Live Steelband





Watersports Center

Contact our Watersports Team to find out about our range of complimentary non-motorized watersports including;

- Hobie Cat Sailing
- Windsurfing
- Kayaking
- SUP (Stand Up Paddle Board)
- Snorkelling

To book your experience, contact the concierge team on Ext. 4189 or drop by the Watersports Centre at the end of the beach.

Our Team is also on hand to assist in booking boat excursions and activities including;

- Private Charter on our FJORD'36 Speedboat
- Nelson's Dockyard Historical Tour
- Private Sunset Cruises
- Private Reef Snorkelling
- Private Charter to Great Bird Island
- Private Fishing Excursions
- Water Skiing & Wakeboarding

CARA Organic Spa and Wellness

OUR TEAM ARE ON HAND TO ASSIST WITH A RANGE OF BODY THERAPIES AND BEAUTY TREATMENTS AT CARA SPA, LOCATED AT THE TENNIS COURTS.

(Prices inclusive of 17% Government Tax and 10% Service Charge)

23RD DECEMBER

Don't forget to join us for our CARA Organic Spa & Bay Boutique Fashion Event commencing at 6:00pm. From massage teasers to product sampling (plus enjoy 30% discount on all ESPA Skincare and Body Products)!

24TH DECEMBER

30% Off Sale on all ESPA Skincare products! Need some last-minute gifts? Sale on deep cleansing, hydrating and skin rejuvenation products, tailored to your skin's precise needs.

ESPA MUSCLE REVIVER

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp.

(50 Minutes, \$91.90 inclusive of 17% ABST & 10% Service Charge).

ESPA STRENGTH & RESILIENCE MASSAGE

Transform mind & Body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. This revitalising massage uses aromatherapeutic oils, yogic stretches, and deep muscle massage to boost your energy levels and support your immune system.

(90 Minutes, \$156.23 USD inclusive of 17% ABST & 10% Service Charge).

ESPA INTENSE REGENERATING FACIAL

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

(60 Minutes, \$110.28 USD inclusive of 17% ABST & 10% Service Charge).



Cara Organic Beauty Spa Festive Promotion 2024

ESPA RESTFUL JOURNEY EXPERIENCE, ESPA RESTFUL PRODUCTS

Our Restful Journey experience begins with group guided meditation, allowing the body to progressively relax and turn off the 'rational mind', this enables you to really feel into the body, creating the right conditions for healing.

After the meditation session, you will be guided to a massage room where your therapist will utilise long gliding strokes throughout the massage to further induce a state of calmness, allowing you to release physical and mental tension. Lavender and Clary Sage oil will help to soothe the senses with the infusion of herbal tea that will restore good sleep patterns.

120 Minutes/USD\$162.50 incl. tax and service charge non-combinable with any other offer +20% off Espa Restful Bath and Body Oil Tuesdays, Thursdays, Fridays 4pm



ESPA IMMUNE BOOSTING EXPERIENCE

Our Immune Boosting Experience includes the Espa Salt and Oil Scrub and the Espa Strength and Resilience Massage. This combination is a natural blend of sea salt and the purest oils to polish away dull skin cells, increase circulation, stimulate the lymphatic system, and revive skin's natural softness and glow. The second component, the Espa Strength and Resilience Massage, makes use of natural aromatherapy oils, and yogic stretches with a deep muscle and reflex zone foot massage that boosts energy levels. A combination that completes its mission to boost immunity by targeting areas that promote health and wellbeing

10% DISCOUNT - 120 Minutes/USD\$250.00 incl. tax and service charge non-combinable with any other offer + 20% off Espa Body Products

ESPA MUSCLE REVIVER WITH BACK SCRUB

Instantly alleviate tension with this powerful yet soothing treatment focus on the back, neck, face and scalp. Skin will look re-energized and a positive mindset is restored.

10% DISCOUNT - 60 Minutes/USD\$125.00 incl. tax and service charge, non-combinable with any other offer +20% off Espa Body Products



Daily Yoga and Pilates Sessions

Located in a quiet corner of our tropical gardens, the yoga pavilion is a serene space, designed exclusively for more meditative pursuits. Surrounded by lush foliage and the quiet rustling of the palm fronds, it is a place ideally suited to unwinding and de-stressing. Both private and group lessons of Yoga & Pilates take place here from sunrise to sundown. The classes and private instruction cater equally for the veteran student as much as those who would like to experience these disciplines for the first time. The expert instructors will provide instruction tailored to your level and the encouragement you need to make this a life-long practice.

Sunrise Yoga and Pilates Sessions, hosted at the Yoga Pavilion by Watersports Centre, complimentary, sign up at CARA Spa by 6pm day prior (min/max numbers apply). If you would prefer private lessons, our CARA Organic Spa team will be more than happy to assist with reservations.

The Bay Boutique

Need some last-minute Christmas gifts? The Bay Boutique reflects the luxury and style for which the resort is known; showcasing a sophisticated array of carefully selected international designers. Furthermore, The Bay Boutique has partnered with swim and resort wear brands Love Brand and Taylor Morris to create Carlisle Bay collections, designed exclusively for the resort. The Bay Boutique is open daily (8:30am – 6:30pm).

Don't forget to enjoy the Bay Boutique Fashion & CARA Spa Event on at 6:00pm Monday 23rd December at Indigo on the Beach and Pavilion. With a range of complimentary mini-treatments and local arts and craft vendors.



Tennis Clinic

Carlisle Bay is unique among Caribbean hotels in providing extensive, high-quality tennis facilities for the use of resort guests. With nine courts, including three floodlit courts, allowing you to play in the cooler evenings, it is a very popular choice.

All equipment is provided, and we also run complimentary tennis clinics as part of the weekly activities programme. Head Tennis Pros Nigel Anthony & Rene George and their team offer the best instruction, tips, and advice to help get you started or improve your game.

Its time to put what you have learnt to practice! See who comes out top trumps in our Tennis Tournament!

Nature Hikes and Walks

Join our Estate Team on an early morning hike, learn about the local flora and fauna and experience some of the most spectacular views of Antigua.

COMPLIMENTARY MOUNT OBAMA NATIONAL PARK HIKE

Sunday 22nd December, 8:00am.

Please sign up at Front Office by 6:00pm, day prior (max numbers apply).

COMPLIMENTARY HIKE TO RENDEZVOUS BAY, INCLUDING CACTUS HILL AND MT. CARMEL

Friday 27th December

Private Hikes are also available and include a picnic lunch.

Contact our guest relations team at Front Office for more information.

Recommended Activities

With a comprehensive list of activities and adventures on the island, our concierge team are more than happy to make suggestions and assist with reservations and transportation.

Some of the most popular adventures include;

- Swimming with Stingrays
- Antigua Rainforest Tours
- Rainforest Zipline Experience
- Caribbean Helicopter Tours
- Horseback Riding at Antigua Equestrian Centre (Springhill Riding Club)
- Jet Skiing
- Barbuda Boat Excursion
- Off-Road Buggy Adventures
- Deep Sea and Reef Fishing





Children's Christmas & New Year at Carlisle Bay 2024 / 2025

MONDAY 23RD DECEMBER

10:00am-12:00pm - Gingerbread man Cookie Decorating competition and The Launch of Gingerbread House (family activity in the Pavilion lobby)

TUESDAY 24TH DECEMBER CHRISTMAS EVE

2:00pm-4:00pm - Cool Kids Club Christmas Eve kids Games Day on the court.
Enjoy face painting, water balloon, lime & spoon, sack races, tug-of-war, musical games etc.

WEDNESDAY 25TH DECEMBER CHRISTMAS DAY

9:00am - Fun time on the Beach with games and entertainment, airbrush tattoos, cartoon characters etc.
10:00am - Snow Cone Station at Coconut Grove.
10:45am - Santa arrives by sea (jet ski performance) then buggy entrance.
11:00am - Gifts from Santa at Coconut Grove

THURSDAY 26TH DECEMBER BOXING DAY

10:00am - Water Splash Fun Day at the Pool and Water sports (fun for the entire family, pool Olympics, water games, rides etc.)

FRIDAY 27TH DECEMBER

6:30pm-9:00pm - Santa's Kids Festive Party
(Festive dress night with games, dancing, prizes and surprises)-Prize for the best festive dress / costume at Carlisle room

SATURDAY 28TH DECEMBER

6:30pm-9:00pm - Bonfire at the firepit –
Enjoy Smores, storytelling, drumming, and games at Jetty firepit

SUNDAY 29TH DECEMBER

10:30am - Festive Candy Scavenger Hunt!
And Jellybean lottery!

MONDAY 30TH DECEMBER

6:30pm - Movie under the Stars at Jetty Lawn
Children aged 4-12 are invited to Jetty Lawn for a Movie Under the Stars

TUESDAY 31ST DECEMBER NEW YEAR'S EVE

2:00pm - 4:00pm - Cool Kids Club: New Year's Eve Party. Enjoy face painting, water balloon, lime & spoon, sack races, tug-of-war, musical games etc. at kids club tennis court

THURSDAY 2ND JANUARY

6:30pm - Kids Festive Glow Party
Enjoy a glow party with a difference:
Glow Candy Hunt, prizes and surprises.

See cool kids club daily activity planner that will run along with these festive highlights





To make reservations at any of our listed events or restaurants or to simply book one-off dining options, including a Private Beach Dinner, please contact our Food and Beverage Office (ext. 4106) or enquire with our Front Office Team, who will be more than happy to assist.

During the festive season, enjoy a private beach dinner or barbeque with your own personal chef. All private dining reservations must be made in advance with our concierge team (ext. 4189). A minimum of 48 hours advance notice is required (events will not be available on 25th, 26th or 31st December).

All prices are in United States Dollar and are subject to 10% service charge and 17% government taxes.

All information stated in this brochure is correct at time of printing and subject to change without notice.



CARLISLE BAY

ANTIGUA

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