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To place your order or for your tray to be cleared,
Please contact Room Service on extensions 4158 /4159

A tray charge of US\$10 will apply per order
for lunch and dinner.

We are pleased to offer romantic dinners
served on your balcony, the jetty or the beach.
Our Chef will be delighted to assist you in selecting your menu.

Please contact us 24 hours in advance to arrange
for personalised dinners, excursions or picnics.

All prices are in United States dollars subject to
10% service charge & 12.5% government tax.

BREAKFAST 7am to 11am

FRESH JUICES

GRAPEFRUIT

ORANGE

PINEAPPLE

WATERMELON

CARROT

VEGETABLE COCKTAIL

FRUIT SMOOTHIE OF THE DAY

TEAS, INFUSIONS AND COFFEE

TEAS – English breakfast, Earl Grey, green tea or 4 red fruit

INFUSIONS - fresh mint, ginger, peppermint or be cool

COFFEES - freshly brewed coffee, espresso, cappuccino
or café latte

HOT CHOCOLATE

FRUIT AND YOGHURT

ANTIGUAN FRUIT SALAD

NATURAL YOGHURT, plain or with home-made fruit compôte

PASTRIES AND BREADS

BASKET OF HOME-BAKED PASTRIES, croissant, cinnamon roll, muffin of the day, pain au chocolat, banana bread

WHITE, WHOLE WHEAT OR RYE TOAST, home-made jam, marmalade

Margarine, low fat and soya milk available upon request

BREAKFAST 7am to 11am

CEREALS

Corn Flakes, Raisin Bran, Rice Krispies, Bran Flakes, Weetabix, Fruit Loops, Coco Puffs, Cheerios

ORGANIC MUESLI

BÏRCHER MUESLI, toasted coconut

RAISIN CINNAMON PORRIDGE, with water, low fat milk, soya milk or whole milk

MAIN DISHES

BUTTERMILK PANCAKES, maple syrup or banana and raisin compôte

CINNAMON FRENCH TOAST, summer berry compôte, toasted almonds (n)

FULL ENGLISH BREAKFAST, English sausage, streaky or back bacon, mushrooms, grilled tomato, potato cake, with two eggs any style

EGGS BENEDICT (one or two eggs), ham or smoked salmon

EGGS FLORENTINE (one or two eggs), spinach

SCOTTISH SMOKED SALMON, scrambled eggs

CRISPY BACON, cucumber, fried plantains

BOILED EGGS AND SOLDIERS (l&h)

CARIBBEAN BREAKFAST, saltfish, bell peppers, tomato, cucumber, plantain and float

THREE EGG OMELETTE with ham, cheese, mushroom or spinach

EGG WHITE AND HERB OMELETTE, chilli and tomato sambal (l&h)

CURED MEATS AND CHEESE SELECTION

CHILDREN'S BREAKFAST

CHEESY BEANS on toast

BOILED EGG AND SOLDIERS

MINI FULL ENGLISH BREAKFAST

BANANA PANCAKES, chocolate sauce

CEREALS

JUICY FRUIT SALAD

BACON SANDWICH

EGGY BREAD, plain or cinnamon and jam

ALL DAY DINING 12pm to 11pm

STARTERS

TOMATO GAZPACHO (s) 18
Tomato gazpacho, mint cucumber salad, Extra virgin olive oil

LIME INFUSED CRISPY CALAMARI (s) 25
Romesco sauce

FRIED PLANTAIN CHIPS AND DIPS, (v) 9
guacamole and tomato salsa

TOMATO AND MOZZARELLA (v) 14

MAKI SUSHI ROLL

Avocado and cucumber maki roll (v) 12
Spicy tuna maki 12
Rainbow maki 20

SPRING ROLLS

Vegetable (v) 12
Prawn (s) 20
Prawn and vegetable (s) 22

SUSHI 4 PIECES

SASHIMI OR NIGIRI

Tuna 12
Salmon 20
Local catch 20

SALADS

INDIGO SALAD (n) 18
Local mixed leaves, rocket, roasted beets, Pine nuts,
manchego cheese shaving
Shrimp 21 Tuna 21

CLASSIC CAESAR

Romaine lettuce, anchovy, bacon, Caesar dressing & your choice
of prawns (s), chicken, seared tuna
Classic 18 Chicken 20 Prawn (s) 21 Jerked Chicken 20

BLUE SPA SALAD (v) (n) 20
Kale, dried cranberries, Caribbean oranges, toasted almonds,
toasted coconut shavings, lemon pepper dressing
Shrimp 22 Tuna 22

Sushi is not available on Sunday & Wednesday

All prices are in United States dollars and subject to 10% service charge
and 12.5% government tax

ALL DAY DINING 12pm to 11pm

PASTA

PASTA OF THE DAY 28

BURGER AND SANDWICHES

CARLISLE BAY WRAP 26

Tortilla Wrap, spicy chicken breast, crispy bacon, tomato, green salad /French fries

CARLISLE BAY BURGER - CLASSIC OR CHEESE 32

lettuce, tomatoes, gherkins, mayonnaise, French fries

CIABATTA (v) (n) 18

Grilled vegetables, mozzarella cheese and pesto

MAINS

HERB & OLIVE OIL MARINATED SKIRT STEAK 35

Baby potatoes, bacon & sautéed shallots

SMOKED SALMON PLATTER 35

Crispy fried capers, whole grain mustard, potato salad
Red onion, baby greens, roasted brioche

THAI CURRY red or green with your choice of
Vegetables (v) 20

Chicken 25

Prawns (s) 35

If you would like to order from Indigo on the Beach A la carte Dinner Menu Monday – Saturday please contact Room Service for the menu.

6 pm to 9 pm

Sushi is not available on Sunday & Wednesday

ALL DAY DINING 12pm to 11pm

CARIBBEAN CHICKEN ROTI 30
Served with mixed green salad and homemade chutney

CATCH OF THE DAY 33
Grilled, Pan seared or Blackened
Caribbean style beans 'n' rice, wilted bok choy, Black pineapple,
green onion, sweet pepper salsa

SIMPLY GRILLED

with your choice of one side order and a sauce

ANGUS BEEF SIRLOIN	39	CHICKEN BREAST	32
BARBUDAN LOBSTER (Seasonal)	60		

SIDE ORDERS

TOMATO SALAD
MIXED SALAD
FRENCH FRIES
MIXED GRILLED VEGETABLES
SAUTÉED NEW POTATOES

SAUCES

TOMATO SALSA
GARLIC BUTTER
BÉARNAISE
GREEN PEPPERCORN

DESSERTS

OUR TART OF THE DAY , daily sorbet	12
SEASONAL FRUIT PLATE	16
BANA NUT (v) (n) Banana and caramelised nuts, nutella sauce, meringue, vanilla ice cream, Chantilly	12
CAPPUCCINO Arabica bean and vanilla ice cream, cappuccino, coffee jelly, Chantilly, cacao	9
ICE CREAM OR SORBET	1 scoop 4

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CHILDREN'S MENU Available all day

MIXED CHEF SALAD (v) dressing choice: Caesar, ranch, balsamic, olive oil	7
TOASTIE: cheese (v) ham & cheese	7
BLT WRAP	9
SPAGHETTI OR PENNE: bolognaise, tomato sauce (v), popeye pesto	12
SEARED MAHI MAHI, spinach, French fries	14
FISHY FISHY, panko crusted tilapia, French fries	14
GRILLED CHICKEN, green bean, mashed potato	14
BACON CHEESE BURGER with French fries	12
CRISPY CHICKEN FINGERS, green peas, French fries	14

DESSERTS

JUICY FRUITS	6
CHEESE CAKE	6
CHOCOLATE BROWNIES, vanilla ice cream	6
CARLISLE BAY BANANA SPLIT (n)	6
ICE CREAM OR SORBET in a cone or bowl	1 scoop 4

(v) vegetarian

(n) contains nuts

(s) shellfish

NIGHT DINING 11pm to 5am

SALAD

TOMATO AND MOZZARELLA (v) 15

CLASSIC CAESAR 20
Romaine lettuce, anchovy, bacon, caesar dressing & your choice of prawns (s), chicken, seared tuna

SANDWICHES & BURGERS

TOASTIE: CHEESE (v) ham & cheese 15

CLASSIC CLUB 20
Spicy French fries

MAINS

CARLISLE BAY BEEF BURGER 32
lettuce, tomatoes, gherkins, mayonnaise, French fries

CIABATTA (V) (N) 15
Grilled vegetables | mozzarella | pesto

DESSERTS

CHOCOLATE BROWNIES 12

SEASONAL FRUIT PLATE 16

ICE CREAMS AND SORBETS 1 scoop 4

PICNICS

CARIBBEAN

40

JAMAICAN BEEF PATTIES

JERK CHICKEN WRAP, lettuce, local chives and mayonnaise

TUNA CEVICHE, PLANTAIN CHIPS

CARIBBEAN COLESLAW

SLICED SEASONAL FRUITS

ANTIGUAN GINGER CAKE

MEDITERRANEAN

40

CAJUN SHRIMP CIABATTA, cocktail sauce, cucumber and tomato

ANTIPASTI, prosciutto di Parma, grilled vegetables, olives and capers

CHICKEN CAESAR SALAD

HOME-BAKED BREADS

OLIVE OIL AND BALSAMIC VINEGAR for dipping

SLICED SEASONAL FRUITS

PINEAPPLE CARPACCIO

CARLISLE BAY PICNIC

40

PROSCIUTTO DI PARMA SANDWICH

BEETROOT & THYME HUMMUS, za'atar pita bread (v) (n)

SMOKED MARLIN AND SALMON

HOME-BAKED BREADS

TAPENADES for dipping

CHOCOLATE ORANGE CHEESECAKE (n)

SLICED SEASONAL FRUITS

VEGETARIAN

40

VEGETABLE STICK, grill red capsicum paste.

BEETROOT & THYME HUMMUS, za'atar pita bread (v) (n)

GREEN RED LEAF SALAD, tomatoes, feta cheese and avocado

GREEN AND YELLOW ZUCCHINI SANDWICH, olives and dry tomatoes tapenade

TOMATO AND MOZZARELLA PESTO WRAP

SLICED SEASONAL FRUITS

FRUIT TARTLET

Please allow 24 hours notice to ensure full availability